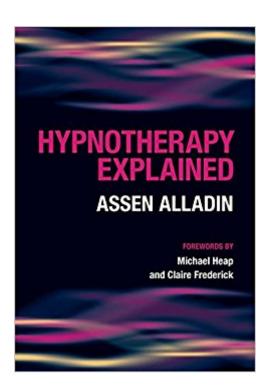


The book was found

Hypnotherapy Explained





Synopsis

Hypnotherapy provides a powerful tool for utilizing the power of the mind to reduce distress and suffering. This concise guide provides readers with a rich source of ideas on starting hypnotherapy practice, and thinking seriously about hypnosis as a powerful adjunct to psychotherapy and medical interventions. With a clear definition of what hypnosis really is, readers can develop an understanding of the rationale for utilising hypnotherapy with particular disorders. As the medical community is progressively adopting a biopsychosocial model of healing, there is a serious move toward validating the scientific credibility of hypnosis, and hypnotherapy has become a well-established treatment. Unlike any other introductory text, "Hypnotherapy Explained" adopts a uniquely scientific approach among introductory texts; reviewing theories and offering practical ways to integrate hypnotherapy in medical, psychiatric and psychotherapeutic practice. It is enlightening reading for general practitioners, psychiatrists, psychologists and other healthcare professionals.

Book Information

Paperback: 174 pages

Publisher: CRC Press; 1 edition (November 27, 2007)

Language: English

ISBN-10: 184619119X

ISBN-13: 978-1846191190

Product Dimensions: 12 x 0.5 x 9 inches

Shipping Weight: 15.5 ounces (View shipping rates and policies)

Average Customer Review: Be the first to review this item

Best Sellers Rank: #1,856,762 in Books (See Top 100 in Books) #60 in Books > Textbooks >

Medicine & Health Sciences > Alternative Medicine > Hypnotherapy #183 in Books > Health,

Fitness & Dieting > Alternative Medicine > Hypnotherapy #3144 in Books > Textbooks >

Medicine & Health Sciences > Medicine > General

Customer Reviews

Clinical Psychologist and Adjunct Assistant Professor, Foothills Medical Centre and Department of Psychiatry and Psychology at the University of Calgary Medical School, President of the Canadian Society of Clinical Hypnosis, Alberta Division, Canada

Download to continue reading...

Hypnotherapy for beginners: Easy course for understanding and doing hypnotherapy

(Hypnotherapy in Psychology) Hypnotherapy Explained FAR Part 107 Explained: A Definitive Guide for Serious Drone Pilots (FARs Explained) Smile Pricing Explained (Financial Engineering Explained) The Greeks and Hedging Explained (Financial Engineering Explained) Financial Engineering with Copulas Explained (Financial Engineering Explained) The XVA of Financial Derivatives: CVA, DVA and FVA Explained (Financial Engineering Explained) Algorithmic Differentiation in Finance Explained (Financial Engineering Explained) Equity Derivatives Explained (Financial Engineering Explained) Numerical Partial Differential Equations in Finance Explained: An Introduction to Computational Finance (Financial Engineering Explained) Interest Rate Derivatives Explained: Volume 1: Products and Markets (Financial Engineering Explained) Figures of Speech Used in the Bible Explained and Illustrated: Explained and Illustrated Opera Explained: An Introduction to Gluck (Opera Explained S.) Coal Power Technologies Explained Simply: Energy Technologies Explained Simply (Volume 6) Hypnosis and Hypnotherapy Basic to Advanced Techniques for the Professional Innovative Hypnotherapy (Collected Papers of Milton H. Erickson on Hypnosis, Vol. 4) Keys to the Mind, Learn How to Hypnotize Anyone and Practice Hypnosis and Hypnotherapy Correctly Secrets for Brilliant Hypnosis: Hypnotherapy Techniques, Tips and Inspirations Hypnotherapy: A Client-Centered Approach Hypnotherapy

Contact Us

DMCA

Privacy

FAQ & Help